

ONLINE ACTIVITIES FOR THE FAMILY



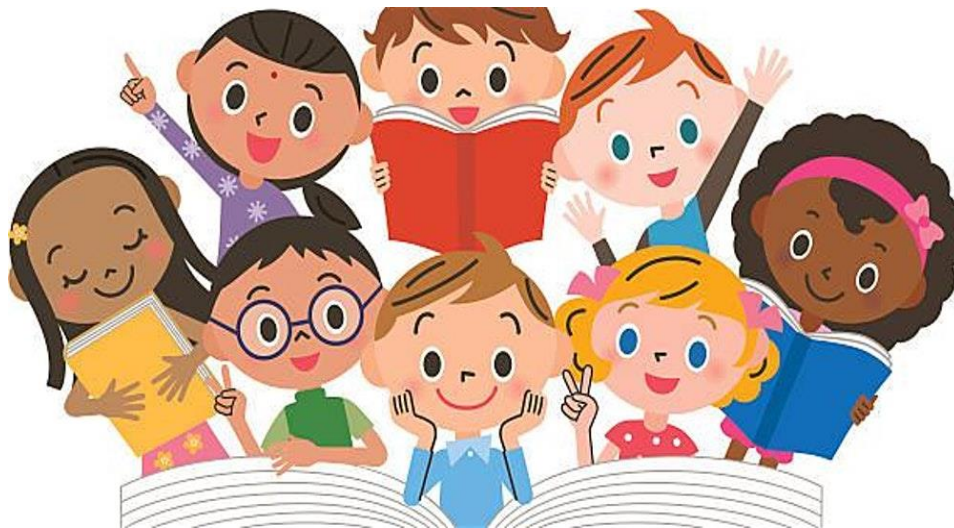
Activities for Children

We know that keeping your children indoors and occupied during this time can be difficult so we have created a list of activities that are available online and that are free.

We will continue to keep this updated and please let us know of activities that you are using so that we can pass these on to others in your community.



Story time with David Williams



Story time with David Williams:

Britain's Got Talent star and children's author David is lending a hand to story time and releasing free audio story everyday for the next 30 days, including his own books.

Visit his website: www.worldofdavidwilliams.com/elevenses

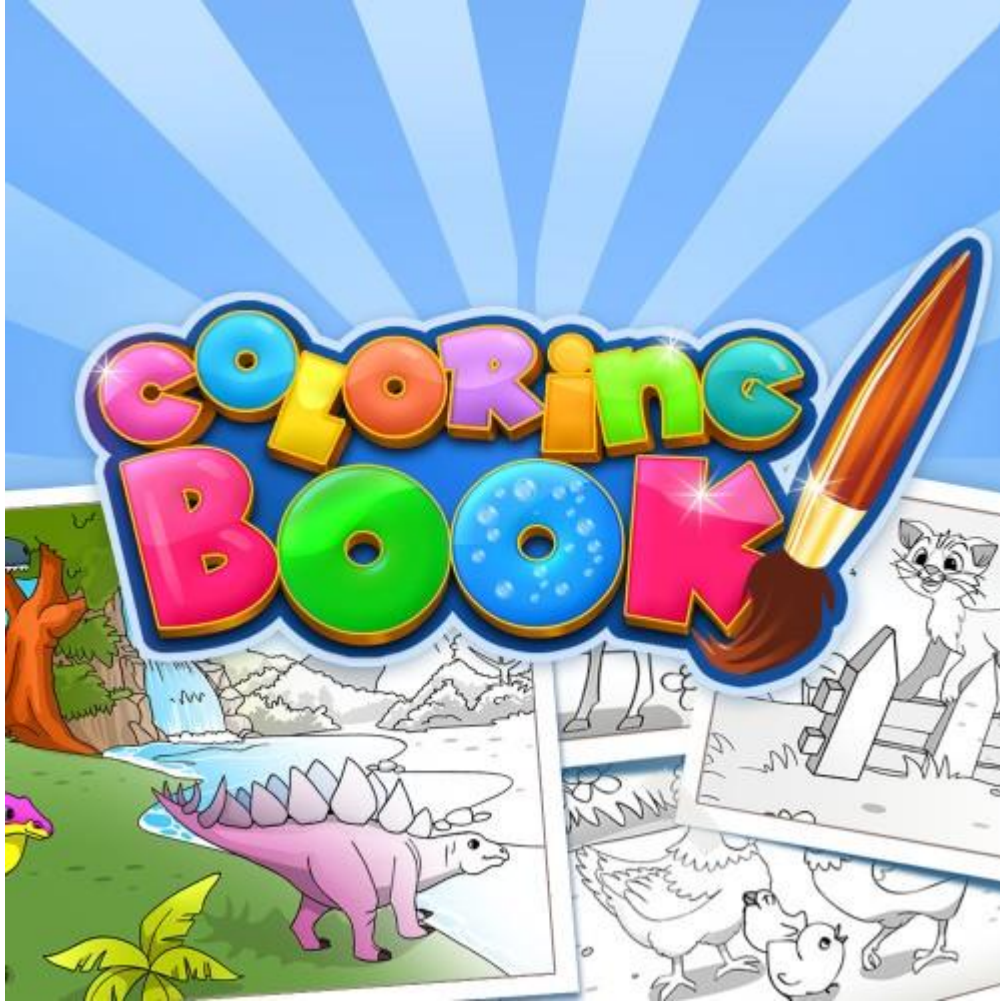
Dublin Zoo Live Webcams

Watch the Dublin Zoo animals live, wherever you are. Catch a glimpse of the giraffes, zebras and rhinos on the African Savanna, get a birds-eye view of the penguins or watch the wondrous herd of Asian elephants bathe and chomp on their lunch with live animal cams.

<https://www.dublinozoo.ie/animals/animal-webcams/>



Miss Muinteoir



Miss Muinteoir on Instagram has created a free Parent Pack on [Mash.ie](https://www.mash.ie) which is a 60 page pdf resource filled with a variety of worksheets, activities, websites, free downloads and youtube channels to keep young children busy during #covidhometeach. Suitable for junior infants – 2nd class. It also includes links to all of the offers she has come across.

More online colouring templates can be found on: www.thecolor.com

Yoga and Mindfulness for Kids



Yoga, mindfulness and relaxation designed specially for kids aged 3+, used in schools and homes all over the world.

On YouTube: <https://www.youtube.com/user/CosmicKidsYoga> or download the APP

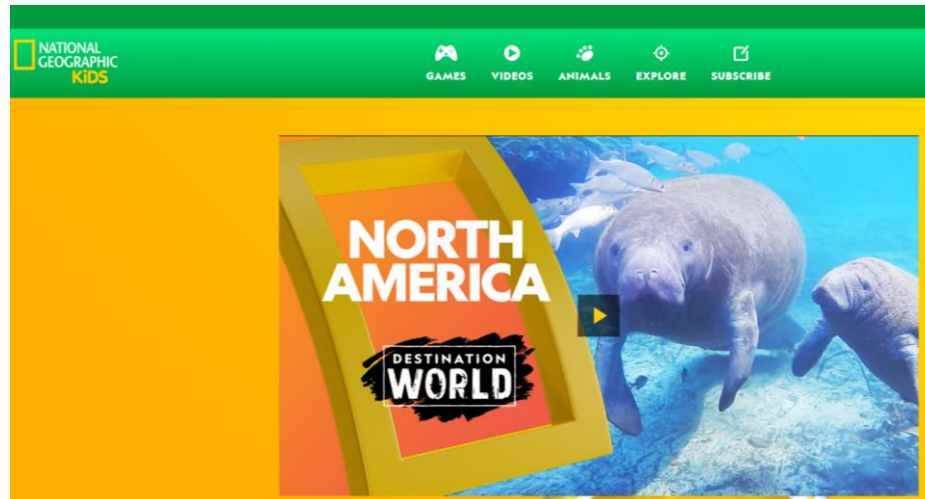
Links to Online Resources

<https://www.gonoodle.com/>

GoNoodle® engages 14 million kids every month with **movement and mindfulness** videos created by child development experts. Available for free at school, home, and everywhere kids are!

www.kids.nationalgeographic.com

Learn about science, geography and history.



www.oxfordowl.co.uk/



Oxford Owl for Home

Free resources to support learning at home

- Advice and support for parents
- Educational activities and games
- Free eBook library for 3- to 11-year-olds

Enter site

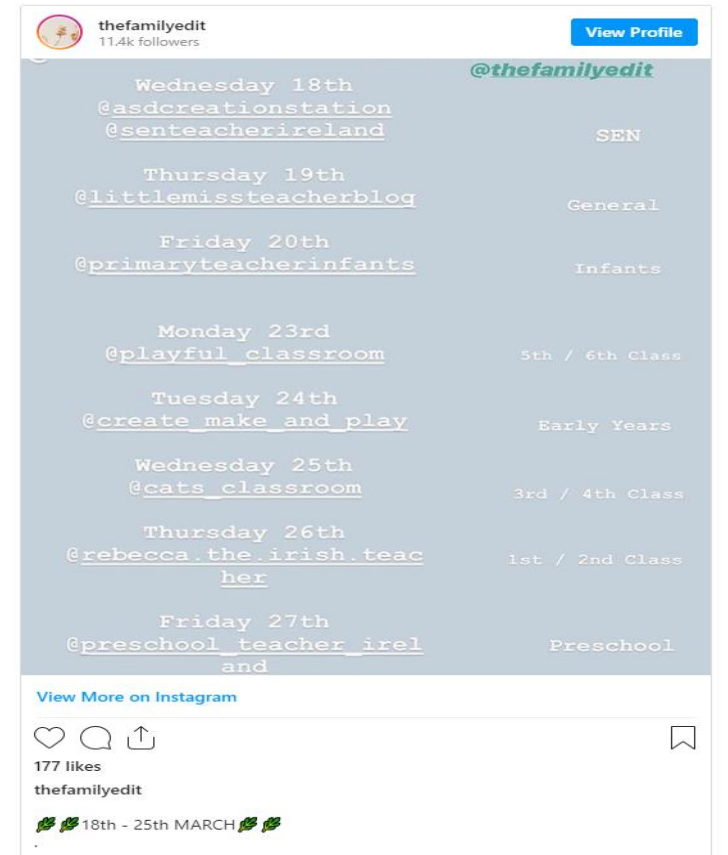
Instagram

Arty Arts Dublin have started the [#windowconnections campaign](#), challenging kids to create a positive message to hang in your window for passers by to see in these unsettling times. Get creative and use materials that are already in your house. We love this idea!

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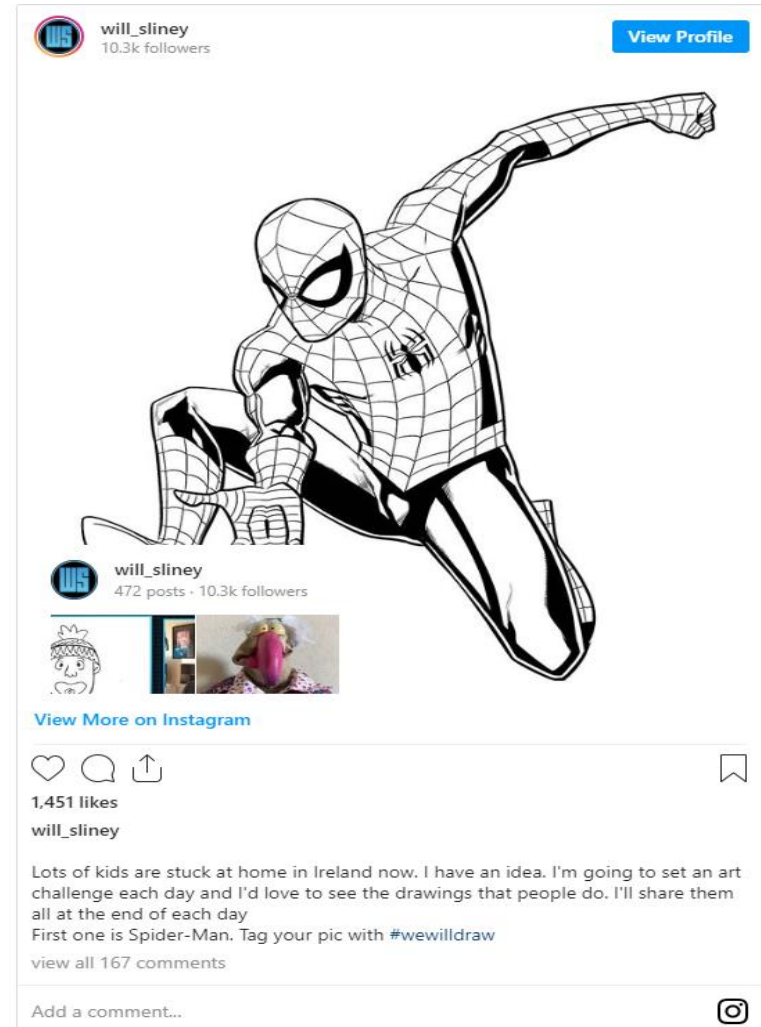


@TheFamilyEdit on Instagram will have a teacher on each morning from 9am sharing practical ideas that you can do with your kids at home. They will be sharing their favourite websites that you may find useful.



Instagram

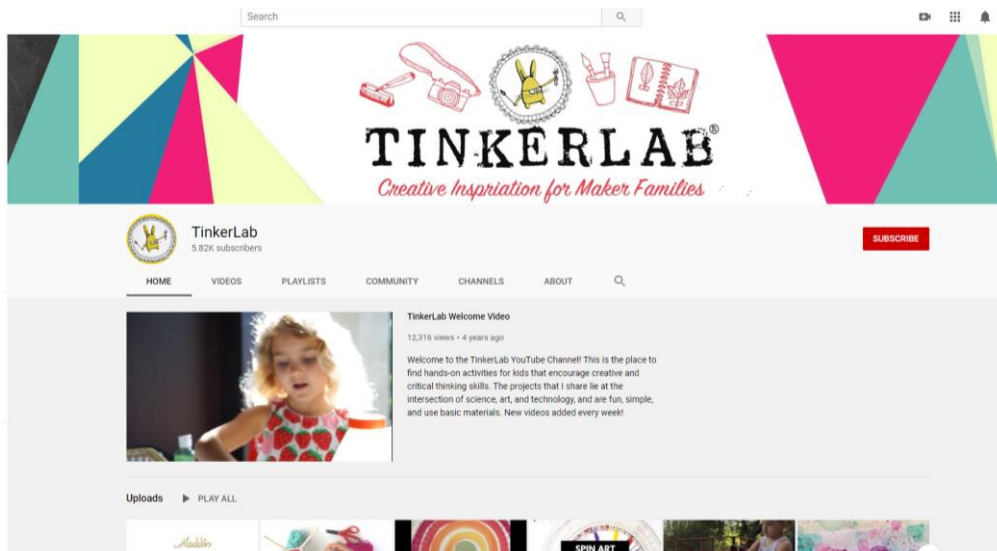
Spider-Man and Star Wars artist **William Sliney** has set up an art challenge to tackle boredom at home over the next few weeks. Each day, he will share a drawing and challenge children to draw that character. At the end of the day, he's going to share all of the drawings that have been submitted to him.



YouTube



Online Fitness Classes:
Live online workouts from the
comfort of your own home
YouTube channel The Body Coach TV



TinkerLab YouTube Channel. This is the place to find hands-on activities for kids that encourage creative and critical thinking skills. The projects shared lie at the intersection of science, art, and technology, and are fun, simple, and use basic materials. New videos added every week!

Home Tuition

Home tuition: The Irish Times Guide to the best teaching and learning resources online

<https://www.irishtimes.com/news/education/home-tuition-our-guide-to-the-best-teaching-and-learning-resources-online-1.4206766>

Primary school resources

Literacy / numeracy:

Irish education publishers

The major publishers of schoolbooks - including Edco (edco.ie), Gill Education (gillexplore.ie) and CJ Fallon (cjfallon.ie) - are making their online education resources for primary and secondary students available free of charge, including ebooks, podcasts, games and puzzles. [Twinkl.ie](http://twinkl.ie)

Created by teachers, ideal for home education, it has lots of appealing games, stories, worksheets, etc. It is offering a free month's subscription (enter offer code: IRLTWINKLHELPS)

'School on TV'

RTE is planning to broadcast an hour of "[school on TV](#)" to support children and their parents at home from March 30th between 11am and 12pm, aimed at first to sixth class pupils. It will be available on catch-up on RTE Player, while worksheets will be available at on RTE.ie/learn

[Khan Academy](#)

Nonprofit site that provides free video tutorials in maths and reading

IXL.com

Subscription-based learning experience that provides curriculum-aligned maths and English content from junior infants up to sixth year

Storyberries.com

This is a free, online collection of easy-to-read and beautifully illustrated stories, comics and poems for kids. You can select stories by theme

handwritingpractice.net

Whatever happened to the art of handwriting? This site lets you create custom handwriting practice worksheets.

[Over the Moon English resources](#) (GillExplore.ie)

Gill Education has provided Over the Moon English resources for junior infants to second class children on their site GillExplore.ie

Home Tuition

[SEN Teacher](http://senteacher.org/) (senteacher.org/)

This site has free special-needs teaching resources and learning materials. Its print tools allow you to create, adapt and share resources.

Secondary school resources

Revision:

[Dublin Academy](http://dublinacademy.ie) (dublinacademy.ie)

The Dublin-based grind school is posting free-to-access classes on YouTube over the coming days.

[iRevise](http://irevise.com) (irevise.com)

This Irish revision website is providing students with free study resources for a month due to the school closures.

[Studyclix](http://studyclix.ie) (Studyclix.ie)

One of the most popular of Ireland's study websites, it offers notes, videos and a forum for students preparing for the Junior and Leaving Cert.

[Protutor](http://protutor.ie) (protutor.ie)

It is running a series of free webinars on Leaving Cert accounting topics aimed at fifth and sixth years next week.

[Studynotes](http://studynotes.ie) (studynotes.ie)

Students and teachers can use the free platform to share their notes and resources.

ExamLearn.ie

Founded by three recent school-leavers, who between them got 30 As in the Junior Cert and over 1800 points in the Leaving Cert. Homeschool.ie provides an online grinds service for Leaving and Junior Cycle students.

For further resources on
individual subjects follow
link below:

[https://www.irishtimes.com/news/education/
home-tuition-our-guide-to-the-best-
teaching-and-learning-resources-online-
1.4206766](https://www.irishtimes.com/news/education/home-tuition-our-guide-to-the-best-teaching-and-learning-resources-online-1.4206766)

RTE Home School

#RTEHomeSchool launches this Monday! A daily, scheduled virtual classroom for all primary school kids. Watch it weekdays on #RTE2 from 11am, anytime on the @RTEPlayer and get all the resources at <https://t.co/KSUGxxlRAu> [pic.twitter.com/pqkZgPu6jl](https://t.co/pqkZgPu6jl)

— RTE2 (@RTE2) March 26, 2020

RTE News Sport Entertainment Business Lifestyle Culture Player TV Radio More Weather

News Coronavirus Ireland World Business Politics Nuacht RTÉ Investigates Programmes

RTÉ to broadcast 'school on TV' from Monday

Updated / Thursday, 26 Mar 2020 23:48

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RTÉ says the programme will be educational, but also fun and engaging

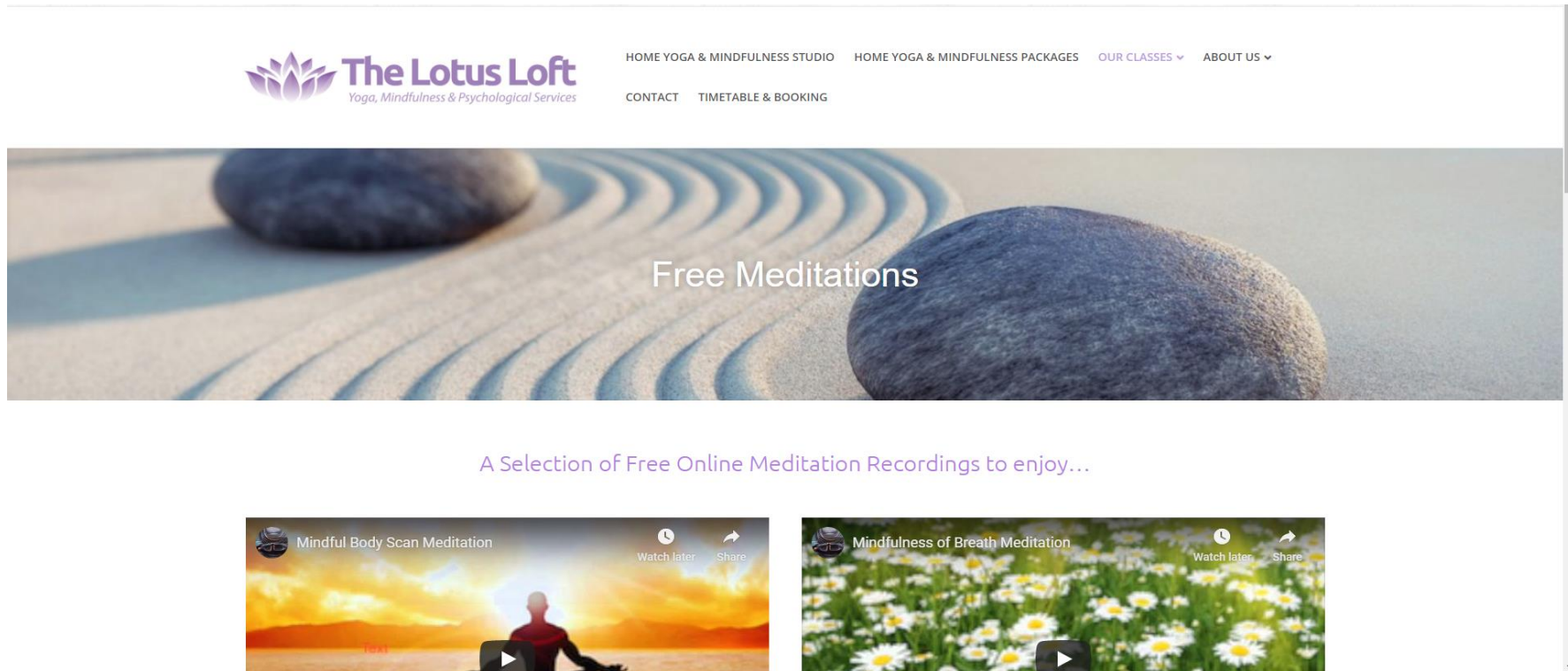
For the Family

<https://covid19.shanehastings.eu/giveback/>

This is a list of services that have been made available for free for the duration of the COVID-19 pandemic, and is being continuously updated.

 Meditation Free access to the Headspace collection called <i>Weathering the Storm</i> . It includes meditations, sleep, and movement exercises to help you out, however you're feeling. Visit Headspace	 Music Lessons Free access to anyone who is interested in learning the piano at home, which includes full access to HomeSchoolPiano Level 1 which takes most students 6 months to a year to complete. Available until September 1st. Visit Home School Piano	 Music Lessons Access to Fender Play's guitar, bass and ukulele lessons free for 3 months to the first 500,000 who sign up. Visit Fender Play	 Audible.com Audiobooks Instantly stream an incredible collection of stories, including titles across six different languages, that will help kids continue dreaming, learning, and just being kids. Visit Audible	 Libraries Ireland Online Services Free eBooks, audiobooks, online magazines and newspapers online for library members. Registration is free and done online. Visit Libraries Ireland	 eCollege.ie eLearning Courses & Certifications Fully online, tutor supported & industry certified courses. In response to the COVID19 situation eCollege!RL courses are temporarily being made available FREE of charge to over 16s. Visit eCollege.ie
 Unity Learn Software Three months of complimentary access to Unity Learn Premium which includes courses, projects and tutorials to learn Unity. Visit Unity Learn	 NowTV Entertainment Free NowTV Kids Pass which includes 1000s of ad-free episodes, Inspirational Kids TV and 6 great channels, including Nickelodeon and Cartoon Network. Visit NowTV	 Rosetta Stone Education Free, three month access to Rosetta Stone learning materials for students - though appears to be open to all. Visit Rosetta Stone	 CJ Fallon Education eBooks Free access to school books until the end of the school term, for teachers, students and parents. Visit CJFallon	 Edco Learning Edco Education eBooks Free access to Primary Level, Junior Cert & Leaving Cert ebooks for the duration of the pandemic. Visit Edco	 Folens Education eBooks & Materials Access to all Folens digital resources on FolensOnline.ie, including eBooks, printable worksheets, interactive posters, videos, audio exercises, games etc. Visit Folens
 WWE Network Sport Free access to a large portion of content from the WWE Network. See link for more details on the content available. Visit WWE	 Codecademy Education 10,000 free scholarships available for Codecademy Pro to high school and college students across the world for the rest of the school year, with equal access to paid pro memberships. Visit Codecademy	 Balance Meditation Completely free one-year access to the Balance meditation app. Install, create an account, visit your profile and tap "Upgrade". Email for detailed instructions Visit Balance	 Scribd Audiobooks, eBooks Free access to Scribd's digital library of millions of ebooks, audiobooks, magazine articles, and more - available to anyone, free, for 30 days. Visit Scribd	 NFL Gamepass Sports Complimentary access to NFL Game Pass which includes: Game Replays. NFL Shows and Live NFL Network (excl. Canada, Mexico, China). Visit NFL Gamepass	 NBA On Demand Sports Complimentary on-demand access to all NBA League Pass content, with no credit card required. Visit NBA On Demand

And for Parents



Online Meditation:

Free Online Guided Meditations for relaxation, stress and anxiety management.

www.thelotusloft.ie/free-meditation-recordings

Working Together

Please support your family, friends, neighbours and your community by:

- Staying at home, this is the best way to minimise the risk of COVID-19 to your friends, families and communities
- Only leave your home for a short period to buy food, attend medical appointments or to take some exercise
- Not socialising with others and not visiting other residents within their homes, do not meet in the common areas and please keep children at home and do not allow them to play in the common parts of the estate, including playgrounds.

We believe that working in solidarity is the only way forward, we can help slow the spread of the Covid-19 and lessen its impact. Lets keep kindness and respect for each other at the forefront of our lives as we work through this challenge together.