COVID 19 Government & Community Information and Support





National Information

We know this is a worrying time for people and that finding and accessing information can be difficult.

We have created a list of statutory and community supports that are available to you. We will continue to keep this updated and please let us know of links or support that would be helpful to others in your community.

Ctrl & click on the links in blue to access websites and useful resources.







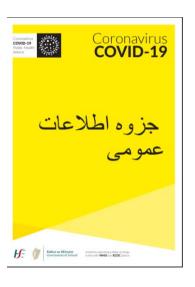




Translation

Information on COVID 19 translated into 20 languages can be found here:

https://www.hse.ie/eng/services/news/newsfeatures/covid19-updates/partner-resources/covid-19-translated-resources/











Worried About Your Rent

We know that some of you may have lost or reduced employment due to Covid-19, we have implemented a revised system of assessment in response to Covid-19.

Your rent will be reassessed in line with your reduced income; however, it will take time for us to do this for everyone affected. Please remember where you are entitled to a rent reduction, we will backdate the reduction to the date that your income changed.

There will be no rent increases, please leave your standing orders in place and continue to make your rent payments.



If your income has been affected by Covid-19 let us know. Credit and debit card payments can be made by contacting your Income Management Officer on 01-4072110 or by email at info@circlevha.ie

Income and Employment

There are several supports now in place for people whose employment has been affected by Covid 19

These are available for people whose employers can't continue to pay them during a COVID-19 related absence or temporary lay-off from work – please click on the links in blue below.

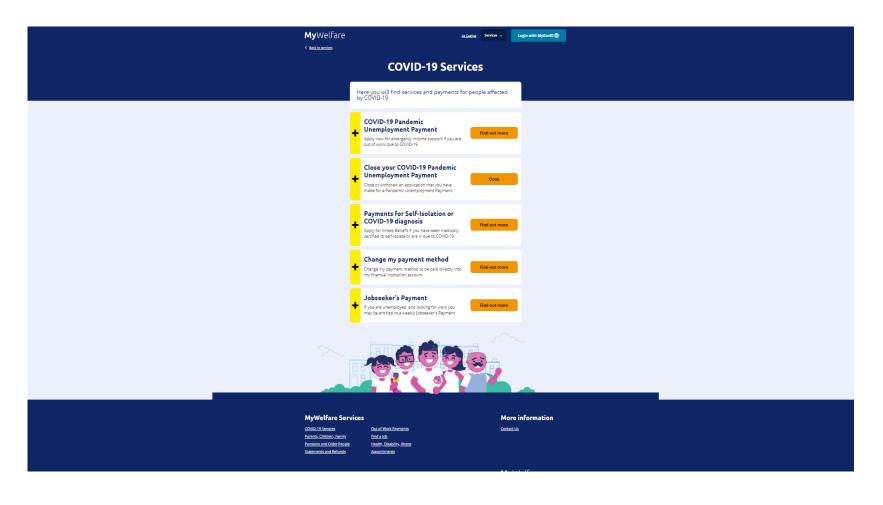
Gov.ie and Welfare.ie have published advice and documentation:

- employees and the self-employed who have <u>lost employment due to a downturn in economic activity caused</u> by the COVID-19 pandemic.
- workers who are <u>diagnosed with COVID-19</u>
- workers who are <u>not diagnosed with COVID-19 but who self-isolate.</u>
- workers whose employers do not supplement/top-up the State Illness Benefit payment (COVID-19)
- workers who are requested to stay at home by their employer (COVID-19)
- workers who are <u>laid off temporarily or put on to short time working (COVID-19)</u>
- workers who need to take time off work to care for a person affected by COVID-19 (Coronavirus)

And, people can access more information on employment rights through the Workplace Relations Commission here

Welfare Applications

My Welfare takes you through application processes online and allows you to change your payment method from the Post Office to the Bank



An Post

How do I nominate a temporary agent to collect my DEASP payment?

Visit An Post Temporary Agent Form

You can also download the form on the link below

https://www.anpost.com/AnPost/media/PDFs/Appointment-of-Temporary-Agent.pdf

To contact your local post office and see how An Post are supporting vulnerable people in the community visit their website at:

https://www.anpost.com/Home/Supporting-the-vulnerable-in-our-communities



Emergency Repairs

We are providing services for emergency repairs only. An emergency callout means attending to repairs that are potentially dangerous to tenants or other people, for example, serious electrical faults or burst pipes causing flooding.

For Emergency Repairs Mon – Fri 9am – 5pm please contact us on 01-4072110 or by email at repairs@circelvha.ie

For Out of Hour Emergency Repairs please call 053 9374832



Health

The HSE has issued wide-ranging advice on Covid 19

Symptoms, causes and treatment: Information about the symptoms and causes of coronavirus

Protect yourself and others: How the virus is spread and ways to protect yourself from infection

At-risk groups: Some groups may be more at risk of serious illness if they catch coronavirus

Self-isolation and self-quarantine: Some people will need to do this to help stop COVID-19 spreading

Travel and coronavirus: Information for people returning to Ireland or travelling abroad

Hospital service disruptions: Visitor restrictions are in place and some appointments postponed

Health

Minding your mental health during COVID-19: Things you can do to mind your mental health during COVID-19

Health Protection Surveillance Centre: Advice about COVID-19 for healthcare professionals

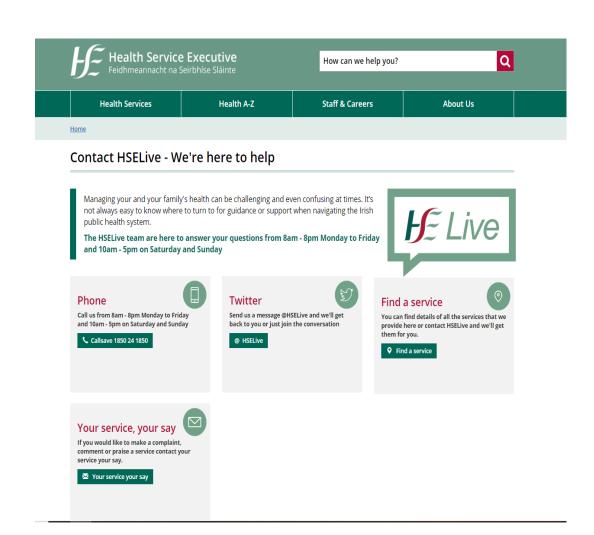
Posters and resources: Printable materials for workplaces and communities

The Department of Health publishes frequent briefings on Covid 19, all of which are published here

General Support

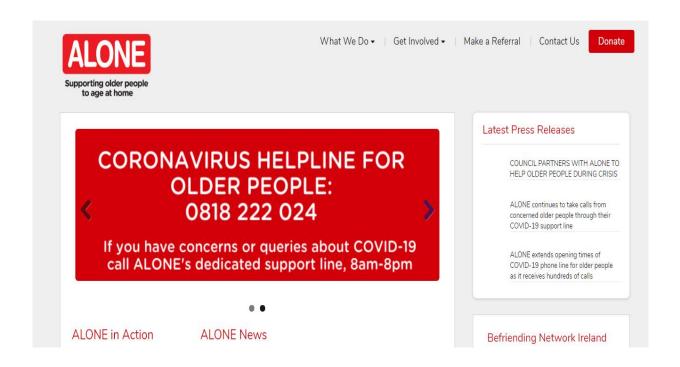
Call the HSE Information Line on 1850 24 1850 If you are concerned about the welfare or safety of an adult or want to get help, call this number (Monday to Friday 8am-8pm or Saturday and Sunday 8am to 5pm)

https://www.hse.ie/eng/hselive/



Supports for Older People

Alone have set up a COVID-19 helpline from 8am-8pm seven days a week Call 0818 222 024.



Mental Health Support Services

Mental Health Resources

Minding Your Mental Health during the Coronavirus outbreak Infectious disease outbreaks like coronavirus (COVID-19), can be worrying and can affect your mental health. But there are many things you can do to mind your mental health during times like this

- <u>HSE: Mental Health Services and Supports</u> List of Mental Health Supports
- <u>Jigsaw Resource to Coping with the impact from Corona Virus</u>
 Mental health information for young people, their parents and guardians, and those who work with young people. For more visit <u>www.jigsawonline.ie</u>

Energy and Fuel Supports

St Vincent de Paul has been engaging with the Commission for the Regulation of Utilities (CRU) and all energy suppliers for the past number of days to make sure arrangements are in place for low income and vulnerable customers during Covid-19 restrictions. Please click on the link for further information

Arrangements for Energy Customers

<u>During COVID-19</u>



Working Together

Please support your family, friends, neighbours and your community by:

- Staying at home, this is the best way to minimise the risk of COVID-19 to your friends, families and communities
- Only leave your home for a short period to buy food, attend medical appointments or to take some exercise
- Not socialising with others and not visiting other residents within their homes, do not meet in the common areas and please keep children at home and do not allow them to play in the common parts of the estate, including playgrounds.

We believe that working in solidarity is the only way forward, we can help slow the spread of the Covid-19 and lessen its impact. Lets keep kindness and respect for each at the forefront of our lives as we work through this challenge together.